

Ephesians 4:25-32

Reminders

- ***Ephesians Devotional Guides Now Available***

Don't forget to pick up your Ephesians Devotional Guide this Sunday, as the first week of the guide begins July 10. To make your reading easier to keep up with, we have included a bookmark that includes a reading schedule so make sure to grab that as well.

- Ask your group if they have met any new people at the Sunday morning gathering. Remind everyone to invite those they meet to community group.
- Remind everyone to be reading through Ephesians as we study this as a church.

Remember

Read Ephesians 4:25-32

What stood out to you from this passage?

Were there any prayers or readings from the devotional guide that you found helpful this week?

What stood out from the sermon?

Deepen

This week each area addressed in the passage of prohibitions (taking off old self) and exhortations (putting on the new self) has different passages to look up. It may be helpful to assign all the passages before discussion and discuss the passages after each section.

Speaking the Truth - Ephesians 4:25

- **Colossians 3:9-10**
- **Zechariah 8:16**

When is it most tempting for you to lie or bend the truth?

Anger Ephesians 4:26-27

- James 1:19-20
- Ecclesiastes 7:9

Where are places where you see unrighteous anger displayed in our culture? Where do you see unrighteous anger in your family? In your life?

What areas of your life have you found it hard to forgive, or let go of bitterness?

Work - Ephesians 4:28

- **Proverbs 6:6**
- **2 Thessalonians 3:10-12**
- **Give - 2 Corinthians 9:7, Gal. 6:10, Rom 12:13**

What are ways we might find ourselves taking what doesn't belong to us? Taking more than what belongs to us?

What does honest faithful work look like?

What are some ways or stories you have benefitted from other's generosity?

Grace Giving Speech - Ephesians 4:29

Later the "Corrupting Speech" is further described as "Clamor" and "Slander" - What spaces are typically used for this kind of speech? What are examples of these things?

The Filter of Grace Giving Speech was these three things:

- Does it build up?
- Is this the right time?
- Does this give grace to those who will hear it?

How might we employ those questions and where do we most need to filter our speech?

In all these things the aim is that we would reflect the Love that God has for us in our love for one another.

Read Ephesians 4:25-32

Read Luke 6:35-36

Transform

What is God changing in you?

Use the time divided with ladies and men to confess areas where you are struggling with these specific virtues described in these passages. Spend time praying for each member of your CG that we would be Kind and forgiving as Christ has been with us. Pray for the protection of unity in the Body of believers at Exodus Church.